

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Spaghetti Bolognese & Homemade Garlic Bread Or Breaded Fish Fingers	Breast of Chicken Curry & Rice, Naan Bread Or Chicken & Cheese Melt	Homemade Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Warm Tortilla wrap Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists	Roast Pork Or Roast Chicken	Hot Dog Or Ciabatta Sandwiches
30/8					
27/9	Baton Carrots	Garden Peas		Herb Stuffing, Gravy	Baked Beans
25/10	Medley of Fresh Vegetables	*Salad Selection		Fresh Baton Carrots	Peas
22/11	Mashed Potato	Mashed Potato, Baby Boiled Potatoes	Fresh Fruit Selection and Fresh Yoghurt	Broccoli Florets	*Tossed Salad
20/12	Egg Sponge with Jam Topping & Custard	Vanilla Ice Cream, Oranges & Chocolate Sauce		Mashed Potato	Chips, Mashed Potato
WEEK 2	Chicken Chow Mein Or Steak Burger	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Homemade Margherita Pizza	Cheesy Bolo Pasta Or Fresh Breaded Fish Goujons	Rice Krispie Square & Custard	Oat Biscuits & Chunks
6/9					Chicken
4/10	Gravy		with lemon slice, Tartar Sauce	Roast Breast of Chicken Or Chicken Crumble	Hot Thai
1/11	Broccoli Florets		Baked Beans, Garden Peas		
1/11	Fresh Baton Carrots	Garden Peas, Tossed Salad	Sweetcorn, *Salad Selection	Herb Stuffing	Salsa Dip
29/11	Mashed Potato	Pasta Twists	Mashed Potato	Gravy	*Salad Selection
	Chocolate Brownie, Pears & Ice Cream	Homemade Shortbread Rounds & Custard	Strawberry Jelly & Ice Cream with Fresh Fruit	Cauliflower Cheese	Chips
	Italian Pasta Bolognese Or Breaded Fish Fingers	Mac & Cheese Or Homemade Salt & Chilli or Traditional Chicken Goujons, Selection of dipping sauces	Mexican Enchilada Or Oven Baked Sausage	Fresh Diced Carrots / Parsnip, Mashed Potato	Baked Potato
WEEK 3	Baked Beans, Sweetcorn	Baton Carrots, * Salad Selection	Mediterranean Roasted Vegetables, Mashed Potato	Sticky Flapjacks & Custard	Selection of
13/9	Broccoli Florets	Chips, Mashed Potato	Baby Boiled Potatoes	Chicken Panini Or Roast Turkey	Tradition
11/10	Mashed Potato	Raspberry ripple Ice Cream Tub		Herb Stuffing	Smooth &
8/11		Fresh Fruit Chunks	Fresh Fruit Selection and Fresh Yoghurt	Cranberry Sauce, Gravy	Steak Bu
6/12	Chocolate and Orange Egg Sponge & Custard	Chicken Stir Fry & Noodles Or Oven Baked Sausage		Fresh Carrot or Parsnip	Or Bang
	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken & Broccoli Bake	Baked Beans		Fresh Savoy Cabbage	Baguette
WEEK 4	Garden Peas	Sweetcorn		Mashed Potato, Hot Pasta Shells	Mashed Potato, Tossed Salad,
20/9	Fresh Savoy Cabbage	Baton Carrots		Cornflake Square & Custard	Selection of
18/10	Gravy	Mashed Potato		Spaghetti Bolognese Or Fresh Breaded Fish Fillets Or Salmon fish cake	Strawberry Mousse & Fresh Fruit Salad
15/11	Mashed Potato	Flakemeal Biscuit Fingers, Fruit & Custard		Lemon Slice and Tartar Sauce, Broccoli & Cauliflower Florets	
13/12	Lemon Drizzle Cake & Custard			Mashed Potato	Homemade Margherita Pizza Or Marinated Chicken with warm Tortilla Wraps
				Selection of Fruit and Yoghurt	* Salad Selection
					Sweetcorn
					Traditional Champ
					Chips

***2 Items from Cook's Salad Selection Rice Salad, Coleslaw Sweet Chilli Pasta**

Rice, Pasta, Potatoes and Gravy can be served Daily

Menu choices subject to delivery
Fresh Fish Bones
Special Diets
Artic Roll & Fish Bones
Apples
Form