Darkley PS September Menu 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 31.09.20	BANK HOLIDAY	Pasta Bolognaise Crusty Garlic Bread Breaded Cod Fish Fingers Baked Beans Cheese slaw Mashed Potatoes Fruit Chcolate muffin Drink	Home Prepared Chicken Chunks Sweet Chilli Dipping Sauce Savoury Mince Garden Peas Coleslaw Mashed Potatoes Jelly Fresh Fruit	Honey Baked Gammon Savoury Stuffing Gravy Cauliflower Carrot Batons Oven Roast Potatoes Mashed Potatoes Cookie Fresh Fruit	Hot Dog Onions Tomato ketchup Vegetable Quiche Mixed Salad Bowl Savoury Rice Peas Chunky Chips icecream tub Fresh Fruit
Week Two 07.09.20	Grilled Sliced Bacon Chicken Pasta Bake Cabbage Baton Carrots Garlic Baby Boiled Potatoes Mashed Potatoes Muffin sponge Fresh Fruit	Mild Chicken Curry Boiled Rice Crusty Bread Grilled Steak Burger Peas Gravy Mashed Potatoes Flakemeal Biscuit Fruit	Home Made Crispy Oven Chicken Goujons Steak And Onion Panini Salad Bar Curried Rice Sweetcorn Chilli Dip Herb Diced Potatoes Ice Cream tub Fresh Fruit	Roast Chicken Stuffing Green Beans Sliced Carrots Chicken Gravy Oven Roast Potatoes Mashed Potatoes Fresh Fruit Yoghurt	Oven Baked Sausages Salmon Fish Cake Salad Bar Pasta Salad Baked Beans Sweet Chilli Baby Boiled Potatoes Chunky Chips Strawberry Jelly/ Fruit
Week Three 14.09.20	Grilled Steak Burger Gravy Chicken Peppered Sauce Mixed Vegetables Winter Champ Mashed Potatoes Ice Cream tub/FreshFruit	Breaded Cod Fish Fillet Macaroni Cheese Garden Peas Cheesy Slaw Baked Potatoes Mashed Potatoes chocolate muffin Fresh Fruit	Stuffed Bacon Rolls Chicken Curry Rice Naan Bread Turnip Green Beans Mashed Potatoes Strawberry Jelly/ Fresh Fruit	Roast Pork Apple Sauce Savoury Stuffing Roast Gravy Cabbage Baton Carrots Oven Roast Potatoes Fresh Fruit Yoghurt	Breaded Chicken Burger BBQ Pulled Chicken Baguette Baked Beans Salad Bar Curried Pasta Chunky Chips Shortbread Fresh Fruit
Week Four 21.09.20	Chicken Curry Boiled Brown White Rice Naan Bread Savoury Mince Diced Carrots Parsnip Mashed Potatoes Fresh Fruit /Ice Cream	Breaded Cod Fish Fingers Traditional Irish Stew Peas Coleslaw Garlic Baby Boiled Potatoes Mashed Potatoes Chocolate Muffin Fruit Yoghurt	Home Made Beef Lasagna Healthy Garlic Bread Oven Baked Sausages Baked Beans Coleslaw Mashed Potatoes RiceKrispie bun Fresh Fruit	Roast Chicken Stuffing Brussel Sprouts Diced Carrots Parsnips Chicken Gravy Oven Roast Potatoes Mashed Potatoes Jelly Fresh Fruit	Home Made Cheesy Pizza Chicken and Cheese Melt in Tortilla Wrap Savoury Pasta Salad Bar Chunky Chips Ketchup Flakemeal Biscuit Fresh Fruit

school food

Try Something New today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily.

If your require any additional information on allergens or special diets please contact the school in the first instance.